

How to **SAFELY** enjoy Backcountry Skiing

- ⚠ **Backcountry areas** that are outside of the maintained areas of a ski resort are completely different from the groomed slopes. **You will be facing harsh natural winter mountain conditions.**
- ⚠ **Many dangers are difficult to predict, such as sudden changes in the weather, avalanches, snow cornices, getting lost, colliding with standing trees, etc.** This means that in order to enjoy the backcountry safely, **you must have enough necessary knowledge, skills, and equipment.**

Check the **weather and topography**

- ❑ Are you up to date with the latest weather forecasts and avalanche information?
- ❑ Does your skill and physical strength match your planned route?

Check your **winter mountain equipment**

- ❑ Do you have beacons, probes, and shovels?
- ❑ Do you have a GPS that allows you to check your current position?
- ❑ Do you have a mobile phone and a mobile battery?

Safety Management

- ❑ Have you told your family or friends where you're going? Always submit a climbing plan (TOZAN-TODOKE).
- ❑ Move in groups. If you are inexperienced, use a guide.
- ❑ Observe the rules of the ski resort.
- ❑ Note that if you call for rescue, you may be charged a high amount for search fees, and rescue may not be possible if the weather conditions are poor.

Submit a TOZAN-TODOKE

Hokkaido Police



Compass

