

Health Checkups

Town provides various health checkups for residents at the designated medical institutions on a reservation basis. Please contact Town Office for target and location, hospital, cost, etc.

A **Q** Health Guidance Section, Welfare and Medical Service Division,
Kutchan Town Office (Window #7) ☎ 0136-22-1144

〈Health Checkups(Iki-iki life & Ladie's) are only available on the scheduled date〉
An application is required in advance at Health and Welfare Center.

	Iki-iki life (Full-of-life) Health Checkups	Ladies' Health Checkups	Health hecups bus tour
Target	Those aged 30 or older	Female over 20	Those aged 20 or older
Contents	Health checkups for preventing the life-related diseases(for those over 30 years old with National Health Insurance or over 75 years old),Welfare recipients aged 30 or over, Cancer screenings (stomach / aged 40 and over, lung and colon), Osteoporosis exam, Hepatitis virus screenings (typeB・C / aged 40 and over) Echinococcus symptom exam	Uterine cancer screening: at the age of 20 or older, Breast cancer screening: at the age of 40 or older Bowel Screening Test: at the age of 30 or older	The same as the Iki-iki life (Full-of-life) Healt Checkups and Ladies' Health Checkups
Location	Kutchan Kosei Hospital	Health and Welfare Center	Sapporo Cancer Examination Center of Hokkaido Cancer Society
Frequency	Once a year (JUL)	once a year (MAY)	3times a year (AUG SEP MAR)
Dates and Cost	Free for NHI subscribers. Subsidized for social insurance subscribers. (Please ask for further information.)		

〈Health Checkups are available anytime by appointment〉

	Special health checkups Cancer screenings	Echinococcus Symptom Exam	Tuberculosis Exam
Target	The same as the health checkups	Children in the third grade at elementary school or older, and those who have never taken this exam and those who took it five years ago or before.	Those age 15 or older and younger than 30 years old.
Contents		Blood test (please take once every five years)	Chest X-ray
Location	Designated medical institutions or Sapporo Cancer Examination Center of Hokkaido Cancer Society		
Remarks	The type of medical tests may vary depending on medical institutions. Please ask in advance.	Need a medical ticket issued by town.	Only available by appointment.

A = Application / **Q** = Question / **☎** = Phone

検診

町では集団・個別検診を、指定した病院で受けることができます。対象、内容、病院、料金など詳細はお問い合わせください。

☎ 町福祉医療課保健指導係 (窓口⑦) ☎ 0136 - 22 - 1144

〈集団検診〉

	いきいきライフ検診	はつらつレディ検診	検診バスツアー
対象	満30歳以上の男女	20歳以上の女性	20歳以上の男女
内容	・国保加入者の特定健診、30代国保加入者と75歳以上(後期高齢者医療該当者)、30歳以上の生活保護の方の健康診査 ・胃、肺、大腸がん検診(胃/40歳以上) ・骨粗しょう症検診 ・肝炎ウイルス健診(B型・C型/40歳以上) ・エキノコックス症検診	・子宮がん検診: 20歳以上 ・乳がん検診: 40歳以上 ・大腸がん検診: 30歳以上	「いきいきライフ検診」および「はつらつレディ検診」と同じ内容
場所	倶知安厚生病院	保健福祉会館	北海道対がん協会 札幌がん検診センター
回数	年1回(7月)	年1回(5月)	年3回(8、9、3月)
日程 料金	国民健康保険加入者は無料、社会保険加入者は補助有 (詳細はお問い合わせください)		

〈個別検診〉

	特定健診・がん検診等	エキノコックス症検診	結核検診
対象	集団検診と同じ	小学3年生以上の今まで受けたことがない人、過去5年以上受けていない人	満15歳以上 29歳以下の男女
内容		血液検査 (5年に1回受けてください)	胸部レントゲン検査
場所	町内の指定医療機関、北海道対がん協会札幌がん検診センター		
備考	医療機関により実施している健診の種類が異なりますので、お問い合わせください	町発行の受診券が必要です	個別検診のみ実施

☎ = 申し込み・申請先 / **☎** = 問い合わせ先 / **☎** = 電話番号